

MG VS ML

MAKING SENSE OUT OF TINCTURE LABELS



MILLIGRAM

mg

A measure of weight for an ingredient.

MILLILITER

mL

A measure for the volume of a liquid.



The mg content will tell you the amount of cannabinoids concentrated in a given amount of mL's.

For example, a tincture may tell you how many mg's of cannabinoids are in the entire bottle or how many mg's there are per mL.

The labels on the bottle will inform you of the concentration of the cannabinoids in mg's. Typically you will get two numbers, one to represent the concentration in the liquid of the entire bottle and one to represent the concentration in each liquid measured mL.



If the label on the bottle shows 1000mg, that likely represents the amount of cannabinoids concentrated in the entire bottle. If the label on the bottle shows between 1-50mg, that likely represents the amount of cannabinoids in each measured mL.